



Presents

The Stress Slayer Workshop

Slay your stress and find happiness again!

This program is packed with proven, world class resources used by thousands of individuals in 38 countries. This program may well help you save your health, your relationships, maybe even... your life!



Are you...

Stressed beyond belief?

Cranky with your family and friends?

Not sleeping well?

Tired all the time?

Getting sick more than usual?

Just flat out unhappy?

It is time to use mindfulness to slay your mayhem and regain happiness!

This powerful 1 day workshop will help you do just that.



REGISTER NOW

Just \$379

The realities of the modern workplace are nothing short of harrowing:

85% of ALL illness is stress related.

Depression is projected to be the #2 killer by 2020.

Managers and executives are 40 times more likely to suffer from heart issues.

75% of people wish they had another job.

80% of people NEVER use their greatest gifts at work.

Stress related illnesses are costing organizations over \$350 billion a year.

[Please check out this information.](#) It's staggering what's happening in our workplaces.



There is hope and a way out!

Are You Happy?

Complete our complimentary [Happiness Meter](#) to find out if you *really* are!

(this will download as a Word doc)

You are here because you need some help managing your stress, right?

We all do. You are so courageous for doing something about it! You will be so glad you are taking ownership of your life in this way.

First... let's see if this program is right for you...

I'd be willing to bet that you have many of these issues:

You feel like your life is spinning out of control.

You've lost touch with many of your friends.

Your family complains that you work too much.

You feel like you never spend time with your children or other family members.

You feel like you have to be available 24/7.

You get mad at the drop of a hat.

Your health is suffering.

You feel disillusioned with what “*success*” has brought you.

You’ve found out that “*having it all*” is a cruel joke.

Your life certainly doesn’t feel “*balanced*.”

You simply...ARE. NOT. HAPPY.

No, I’m not a mind reader. I know these feelings from my first-hand experience. I also know that tens of millions of people around the world share these feelings too.

You see, I used to feel this way too. I was a very successful business guy – CEO, Fortune 100 executive, with all the perks positions like these afford a person.

I was working 12 hours a day and traveled 100,000 miles a year. I was the “*ghost around the house*” to my family. Even if I was “*there*” my head was somewhere else. I let my friends slip away. I wasn’t sleeping well. My health was taking a beating. My gut was churning constantly. I had to be “*on*” all the time.

I was not “*the guy*” I wanted to be.

To an outside observer I had it all. In reality I was miserable.

And...

I WAS LITERALLY KILLING MYSELF.

Sound familiar?

Luckily I found a way to “*save myself from the life I created*.” Now I want to help you do the same thing.

Since I learned how to “*save myself*” I’ve spent the last 14 years training thousands of people all over the world how to create a healthy, balanced life...while achieving even MORE SUCCESS.

Yes, it can be done. I want to use my experience as a business person (who gets what you are going through) to help you get to the other side of all your stress...and back to a happy life.

I can help you get your life back...maybe even save your life, just like I saved mine.

You are not in this alone...

Do you want to?

Feel more relaxed?

Enjoy life and work again?

Gain a sense of “*balance*?”

Regain a sense of peace?

Build stronger relationships with your family and friends?

Regain your happiness?

I can help you achieve all of these things.

But first...

You have to really *want* to make these changes!

Here's what you will learn in this powerful program:

Ways to gain peace and focus in ANY situation.

How to shift gears from being in “*work*” mode to “*home*” mode.

Techniques to deal with the endless chatter in your head.

Skills that you can start using immediately that will make a HUGE impact.

Ways to regain your happiness and passion for life!

What I discovered is that success takes many forms. It's not what I thought it was...

What's the use of having all the “*stuff*” when you find out it doesn't bring you happiness?

If you've read this far... good for you! It's great that you are looking to make changes.

The reality is that you *HAVE* to make some changes before things get even more out of control. Right?

Ultimately it's up to you. None of your family members or friends are going to instigate a “*work intervention*.”

YOU OWN THIS!

Now...

The question is...

Are you going to take this step?

What I know is...

If you put this off, thinking: “*I'll do this when I have more time...*”

That *time* will more than likely never come.

And *nothing* will change.

Remember, ***YOU*** own this.

The clock is ticking...

- Your family.
- Your friends.
- Your health.

And...

- Your career.

Are counting on *YOU* to do this...

NOW!

If I didn't make the changes I did, I TRULY BELIEVE I WOULD NOT BE ALIVE TODAY.

Look, I know what you are going through. I had to find out the secret to slaying stress over many painful years. I developed this program because I don't want you, or your family, to go through what I/we went through.

Here's just a few of the amazing resources and techniques you will learn:

How to "find" 20% more time.

Strategies to incorporate "Me Time" into each day.

Proven ways to tame your Inbox.

Tools to "de-stress" any time, any place.

Easy ways to increase quality family and friend time.

Skills to tame your mind chatter with our *Chatter Boxer* tool.

How to use the *Media Master* technique to truly master the media.

Mindfulness Magic that will transform each moment into a peaceful one.

Ways to deploy the *Judgment Jammer* to ease your stress levels.

Techniques to increase your level of creativity by 40%.

How to "own" only the things you should.

How to put your work in its rightful place.

How to overcome the *Multitasking Mousetrap*.

I certainly respect you if you don't feel this program is not a good fit for you.

That is...

If that is *really* the case.

If you are simply avoiding things, thinking that they will get better. Then that's simply dreaming.

Don't *dream*...

ACT!

Slay your stress and regain your happiness right now!

If stress is ruining your life you have to take action...and soon.

Even if you feel this program is not a good fit, STILL seek assistance in some way. You HAVE to make changes. I just don't want something BIG to happen that leaves you no choice.

That's what happened to me. Don't let it happen to you.

PLEASE commit to doing something!

Warmly,



A. Drayton Boylston

The Stress Slayer™

You can [find out more about me here.](#)

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**If you are not 100% Satisfied with the content we'll gladly
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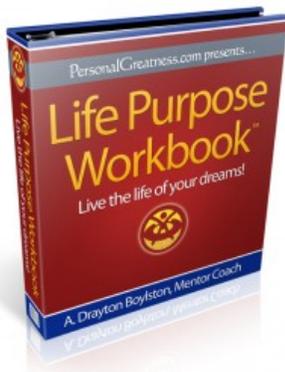
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~Aristotle

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