



CMEC Frequently Asked Questions

We are happy to address any questions you may have, personally. We are here to be of service. Please feel free to give us a ring at 1.800.251.1696 or email us at Support@ExecutiveCoachingUniversity.com

1. Why should I train with The Executive Coaching University?

-  We are the Global Leader in Executive Coaching Training.
-  We have trained thousands of Coaches, Executives, Managers, and HR Professionals, in 39 countries.
-  The CMEC is the most cost effective and powerful Executive Coaching Program in the world.
-  We are approved by the International Coach Federation (ICF), Society for Human Resource Management (SHRM), and CIPD in the UK.
-  You will earn 15 ICF, SHRM, or CCEU credits.
-  Our program was created by a former CEO and Fortune 100 Executive.
-  Our tools and methodologies are based on tried and true business practices.
-  We have a proprietary process which is business friendly.
-  We focus on the ROI of Coaching and business outcomes.
-  We hone in on business "*points of pain*" - such as turnover and absenteeism.
-  We use business terms and tools which are specifically made for the corporate environment.
-  Our on line training center is state of the art and accessible on your schedule-24/7.
-  We provide you with every tool you need to succeed in implementing our process.
-  Our process is based on Six Sigma methodologies. No other Coaching program is.
-  We show you how to measure Coaching outcomes. No one else does.
-  Our program can be taken when it works for your schedule. No travel required.

2. Who should attend?

Coaches (looking to expand to the workplace), Executives (any level), Mid to upper level Managers, Human Resource Professionals (mid to executive level), Trainers, and Consultants.

3. What outcomes can I expect?

- 👤 Certification in our proven MasterMind Executive Coaching Process™.
- 👤 Gain valuable insight about yourself while learning to use that knowledge to help others progress.
- 👤 Learn the details of what Coaching really entails and how it can help an organization.
- 👤 Obtain skills needed to create a coaching environment that will help decrease absenteeism and turnover, while promoting employee engagement.
- 👤 Discern how to identify personality types and learn how to best coach each type.
- 👤 Learn how to pinpoint and address critical areas of improvement for individuals.
- 👤 Discover how to have a positive impact on organizational culture through Coaching.
- 👤 Gain valuable resources to use after the program, which include:

- Rescue Institute Values Test™ (personal assessment)
- Priorities Workbook™
- SWOT AnalysisTime Audit™
- Executive Dashboard™

4. Class Highlights

- 🎧 10 high powered sessions, delivered via webinars, each 90 minutes in duration.
- 🎧 Certification in our exclusive *MasterMind Executive Coaching Process™* on your schedule.
- 🎧 Earn 15 ICF, SHRM, or CCEU credits.
- 🎧 Exclusive access to powerful, proprietary Coaching tools such as the Values Tests™, the Time Audit™ and Executive Dashboard™.
- 🎧 Full Membership in the cutting edge Executive Coaching Training Center. This is where all the audio and video of each class resides as well as homework assignments and workbooks for the course.

5. How much homework will I have?

You will need to devote approximately 1-2 hours for each session in addition to the 90 minute session itself.

6. How long does it take to complete the program?

It depends on how much time you devote to the program. We've had people complete it in as little as 3 weeks. The average is around 6 weeks.

7. Can I take the program if I'm not in the United States?

Absolutely! We have trained people in 39 countries and growing. Coaching is universal. We have even trained a number of people for whom English is a second language.

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